



Ultimate Nature's Whey Shake

NATURE'S WHEY™

The ultimate high-energy supplement. Sustain high energy levels throughout your day physically, mentally and emotionally. Enjoy the full-flavored natural variety of tastes available by combining with your choice of fruit to achieve a thick milkshake-style drink. Easy to use - mix with water, non-fat or 1% milk and 1-2 cups of your favorite fruit, blend and drink.

- Promotes optimal health and well-being
- Supports healthy weight loss
- Boosts stamina and energy*

Ultimate control - conquer your food cravings with Youngevity's® Ultimate™ Nature's Whey™ as a regular part of your daily nutrition. Available in two delicious flavors: Vanilla or Chocolate.



Item# 23026 - Chocolate
Item# 23025 - Vanilla



Supplement Facts

Serving Size: 22 g (1 scoop) Servings Per Container: 30

| Amount per Serving | % Daily Value* | Amount per Serving | % Daily Value* |
|-------------------------------|----------------|--|----------------|
| Calories Chocolate | 77 | Vitamin A (as beta carotene) | 1750 IU 35% |
| Calories Vanilla | 86 | Vitamin C (as ascorbic acid) | 21 mg 35% |
| Calories from Fat Chocolate | 9 | Vitamin D-3 (as cholecalciferol) | 140 IU 35% |
| Calories from Fat Vanilla | 24 | Vitamin E (as d-alpha tocopheryl acetate) | 10.5 IU 35% |
| Total Fat Chocolate | 1 g 1% | Vitamin K | 28 mcg 35% |
| Total Fat Vanilla | 2.7 g | Vitamin B-1 (as thiamine hydrochloride) | .5 mg 35% |
| Cholesterol Chocolate | 3 mg 1% | Vitamin B-2 (as riboflavin) | .595 mg 35% |
| Cholesterol Vanilla | 0 mg 0% | Vitamin B-3 (as niacinamide) | 7 mg 35% |
| Sodium Chocolate | 225 mg 9% | Vitamin B-6 (as pyridoxine HCl) | .7 mg 35% |
| Sodium Vanilla | 175 mg 7% | Folic Acid | 140 mcg 35% |
| Potassium Chocolate | 210 mg 6% | Vitamin B-12 (as cyanocobalamin) | 2 mcg 35% |
| Potassium Vanilla | 50 mg 1% | Biotin | 105 mcg 35% |
| Total Carbohydrates Chocolate | 2 g 1% | Vitamin B-5 (pantothenic acid as calcium pantothenate) | 3 mg 35% |
| Total Carbohydrates Vanilla | 4 g 1% | Calcium (from calcium phosphate and naturally occurring) | 350 mg 35% |
| Dietary Fiber Chocolate | 1 g 4% | Iron (from iron phosphate) | 6 mg 35% |
| Dietary Fiber Vanilla | .5 g 2% | Magnesium (from magnesium carbonate) | 140 mg 35% |
| Sugars | 0 g ** | Zinc (from zinc lactate) | 5 mg 35% |
| Protein | 15 g 30% | Selenium (from l-selenomethionine) | 24 mcg 35% |
| | | Copper (from copper gluconate) | 700 mcg 35% |
| | | Molybdenum (from magnesium carbonate) | 140 mcg 35% |
| | | Chromium (from chromium amino nicotinate) | 42 mcg 35% |

* % Daily Value based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other ingredients (chocolate): Soy Protein Isolate, Milk Protein Isolate, Cocoa, Whey Protein Concentrate, Tricalcium Phosphate, Magnesium Carbonate, Non-Dairy Creamer, Natural & Artificial Flavors, FOS/Inulin, Sodium Chloride, Maltodextrin, Xanthum Gum, Potassium Citrate, Iron Pyrophosphate, Sucralose, Zinc Lactate, Ascorbic Acid, Vitamin E (d-alpha tocopheryl acetate), Beta Carotene, Niacinamide, Copper Gluconate, Molybdenum Citrate, Calcium Pantothenate, Vitamin D, Pyridoxine HCl, Riboflavin, Thiamin HCl, Folic Acid, Biotin, Chromium Amino Nicotinate, Molybdenum Chelate, Selenomethionine, and Vitamin B-12.

Other ingredients (vanilla): Soy Protein Isolate, Whey Protein Isolate, Natural Vanilla and Cream Flavors, Xanthum Gum, Guar Gum, FOS/Inulin, Maltodextrin, Potassium Chloride, Magnesium Chelate, Ascorbic Acid, Sodium Chloride, Sucralose, Beta Carotene, Niacinamide, Zinc Chelate, Iron Chelate, Copper Gluconate, Calcium Pantothenate, Vitamin D, Pyridoxine HCl, Riboflavin, Thiamin HCl, Folic Acid, Biotin, Chromium Chelate, Molybdenum Chelate, Selenomethionine, and Vitamin B-12.

* These statements have not been evaluated by the FDA. This is not intended to diagnose, treat, cure or prevent any diseases.