

Ancient Legacy Capsules & Tablets

JOINT PLUS™

Joint Plus™ may help support healthy bones, cartilage and joints.*



Item# 67503 - 90 Capslets

Supplement Facts

Serving Size: 2 Caplets
Servings per Container: 45

Amount per Caplet	% Daily Value*	
Calories	5	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	<1 g	2%
Calcium	128 mg	12%
Vitamin C	166 mg	276%
Iron	0.4 mg	2%
Manganese	6 mg	300%
Sodium	35 mg	1%
Glucosamine sulfate	500 mg	†
Chondroitin sulfate	400 mg	†

* % Daily Values are based on a 2,000 calorie diet
† Daily Value not established

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, ascorbic acid, stearic acid, sodium croscarmellose, magnesium stearate, hydroxypropyl cellulose, magnesium sulfate, hydroxypropyl methyl cellulose and silicon dioxide.

KING CALCIUM™

King Calcium™ is important in supporting healthy bones, teeth, heart, blood pressure, hormones, headaches, sleeplessness, nerves, digestion and the colon.*



Item# 67504 - 90 Wafers

Supplement Facts

Serving Size: 3 Wafers Servings per Container: 30

Amount per Wafer	% Daily Value*	
Calories	10	†
Total Fat	0 g	†
Total Carbohydrates	3 g	†
Sugars	3 g	†
Calcium (from calcium carbonate, calcium amino acid chelate, calcium gluconate, calcium lactate)	560 mg	55%
Magnesium (from magnesium gluconate)	48 mg	.03%
Vitamin D (from cholecalciferol)	200 IU	50%
Zinc (from zinc gluconate)	2 mg	.10%
Boron (as boric acid)	18 mg	†

* % Daily Values are based on a 2,000 calorie diet
† Daily Value not established

Other ingredients: Sorbitol, fructose, natural and artificial flavors, maltodextrin, magnesium stearate, red 40 and yellow 6.